

The Generation Station

(856) 467-6687

www.thegenerationstation.org

545 Beckett Road, Suite 105-6

Logan Township, NJ 08085

October 2017 Newsletter



October Events

10th Scriptures with Mr. Charlie

12th Oktoberfest

17th Holiday Craft Corner with Ms. Sylvia

20th Movies & Lunch

26th Everybody's Birthday Party

31st Holiday Craft Corner with Ms. Sylvia

DELAWARE PARK CASINO BUS TRIP

Date: Friday, November 3, 2017

Time: Bus departs at 9:00 am and returns at 3:00 pm

The Generation Station, 545 Beckett Rd, Logan Twp, NJ

Pick up may be available from other locations

Cost: \$30 pp get \$30 in Slot Dollars

New Medical ID Cards in April 2018

DATE:
FRIDAY, JUNE 16, 2017
POSTED BY:



THE COMMUNICATIONS DIVISION

To support a successful transition to the MBI for Medicare beneficiaries and healthcare providers, CMS has developed a [Social Security Number Removal Initiative website](http://oig.ssa.gov/newsroom/blog/june16-new-medicare-cards) with updated information. CMS also plans to issue reminders about the upcoming change as April 2018 approaches.

<http://oig.ssa.gov/newsroom/blog/june16-new-medicare-cards>

Coming Soon: A new Medicare card that will not display a cardholder's Social Security number (SSN).

The Centers for Medicare & Medicaid Services (CMS) recently announced it is preparing to issue Medicare cards that will use new unique numbers in place of cardholder SSNs. CMS said it would begin mailing new cards to beneficiaries in April 2018.

"We're taking this step to protect our seniors from fraudulent use of Social Security numbers, which can lead to identity theft and illegal use of Medicare benefits," said [CMS Administrator Seema Verma](#). "We want to be sure that Medicare beneficiaries and healthcare providers know about these changes well in advance and have the information they need to make a seamless transition."

As we [previously reported](#), CMS accelerated work on this project after President Obama signed the *Medicare Access and CHIP Reauthorization Act of 2015* (MACRA). To protect seniors from identity theft, the law required the Department of Health and Human Services (HHS) to issue new Medicare cards that did not display, code, or embed SSNs by April 2019.

The new cards will use a unique, randomly assigned number called a Medicare Beneficiary Identifier (MBI) to replace the SSN-based Health Insurance Claim Number (HICN) currently used on Medicare cards. CMS will assign all Medicare beneficiaries a new, unique MBI number. When beneficiaries receive their new card, they should safely and securely destroy their current Medicare card and keep their new MBI confidential. This upcoming card change will not affect a beneficiary's Medicare benefits.

For more than a decade, we and other Federal agencies [recommended taking SSNs off Medicare cards](#), to limit identity theft and Medicare fraud against seniors. We believe this effort will be a significant step forward to protect seniors, who are increasingly the victims of these crimes. Identity theft incidents among seniors increased to 2.6 million from 2.1 million between 2012 and 2014, according to the most recent [data from the Department of Justice](#).

The project stalled for years, due to the time and effort needed to modernize Medicare cards. MACRA included funding and instructions for HHS to consult with the Social Security Administration to complete this important initiative.

PLEASE KEEP US UPDATED ON CHANGES IN YOUR MEDICAL INSURANCE. A COPY OF YOUR NEW MEDICARE CARDS SHOULD BE PROVIDED TO THE GENERATION STATION AS SOON AS YOU GET THEM.



ACME®



Due to lack of participation Acme will not do a Flu Shot Clinic at the Generation Station this year. The shots are still free with participating insurances, but you must go to the Pharmacy or to the Pharmacy Booth on Logan Day to get the shot.

It's Important to Keep Us Up to Date

If you have been to see your doctor or been hospitalized please bring us a note from your provider to keep us to date on your medical condition. We need to be kept abreast of **ANY** change in your medical condition or mental status at all times, so that we can make sure that you can have a great day every day at the Generation Station.






FOR INCLEMENT WEATHER OR OTHER EMERGENCY CLOSING INFORMATION
Call (856) 467-6687 or Look to NBC10, 6ABC, or Fox News and listen for the
Generation Station, Logan Township, NJ

October Support Groups

Space is limited, morning and evening sessions available.

If you need a lunch hour group please let us know!

Groups forming now are:

-  Addictions
-  Aging
-  Bereavement
-  Care Givers (Spouse, Adult Children, Sibling)
-  Parents with Special Needs/Sick Child

Fall 2017 Facts & Trivia: Interesting Things About Autumnal Equinox

BY GAYATHRI ANURADHA ON 09/22/17 AT 8:37 AM

Friday, Sept. 22 marks the beginning of fall in the U.S. on the autumnal equinox at 4:02 pm EDT in the Northern Hemisphere. The equinox is defined as when day and night are the same length, approximately 12 hours each. The month also brings with it the harvest season. Here are some facts and trivia about the season of cardigans and pumpkin juice.

1. The terms "fall" and "autumn" are used interchangeably, with the latter being more popular among British people.
2. Those who live closest to the equator, which is the center of the planet, never experience the season of autumn.
3. According to Dictionary.com, before the 1600s, the term "harvest" was used to describe fall, as farmers would reap what they had sowed in the spring and prepare for the coming winter. As time went by, poets coined the phrase "the fall of leaves" — shortened to "fall" in the 1600s.
4. NASA says that the chance of seeing the stunning aurora borealis or "northern lights" increases after the fall equinox. This is said to be because fall produces a surplus of geomagnetic storms.
5. Although leaves have the potential to be yellow and orange throughout the year, the colors are not often seen during other seasons. This is because while the pigment chlorophyll gives leaves their green color during spring and summer, decreased daylight and cooler temperatures at the end of these seasons cause chlorophyll to break down which exposes other pigments that cause the brilliant yellow, orange, red leaves of fall. The changing leaves are called "koyo" in Japanese.
6. Many festivals and traditions celebrate the arrival of autumn, from the Jewish Sukkot to the Chinese Mid-Autumn Festival. In the U.S., Halloween is also celebrated during fall.
7. For modern Pagans, the two most important of holidays that celebrate harvest and death — which are associated with the equinox — are known as Mabon and Samhain.
8. Chinese and Vietnamese communities all over the world celebrate the Moon Festival, on the day of the Harvest Moon, which is the full moon closest to the equinox.
9. Average fall temperatures in the United States can range from about 21.1 degrees Celsius to about -1.1 degrees Celsius, depending on which state you live in. The warmest state in fall is Florida and the coldest is Alaska.
10. Fall birthstones include sapphire (September), opal and tourmaline (October), and yellow topaz and citrine (November).
11. Studies have said that libido and testosterone are highest during the fall. It is speculated that this is triggered by decreasing daylight or increased social activity.
12. A long-standing myth of the equinox is that it's possible for an egg to stand on its end on the day. "The origins of this myth are attributed to stories that the ancient Chinese would create displays of eggs standing on end during the first day of spring," John Millis, assistant professor of physics and astronomy at Anderson University stated in an About.com article.
13. During the season, many species of birds migrate to other parts of the globe. This is done to in order to seek for more hospitable climates.

Care Conferences

It's that time of year again!

Please call and schedule a care conference for your loved one this month. If we have not heard from you by Friday, October 13th we will be calling you!

Evening conferences are available.

The Generation Station is a proud member of



Alzheimer's Association, Delaware Valley Chapter



Angie's list®



A Partner with the  **STATE OF NEW JERSEY
DEPARTMENT OF HUMAN SERVICES**

**It's a GREAT day at the Generation Station!
You won't want to miss another day!**

**Like us on FaceBook
&**

Check out our website at

www.thegenerationstation.org or www.thegenerationstation.net


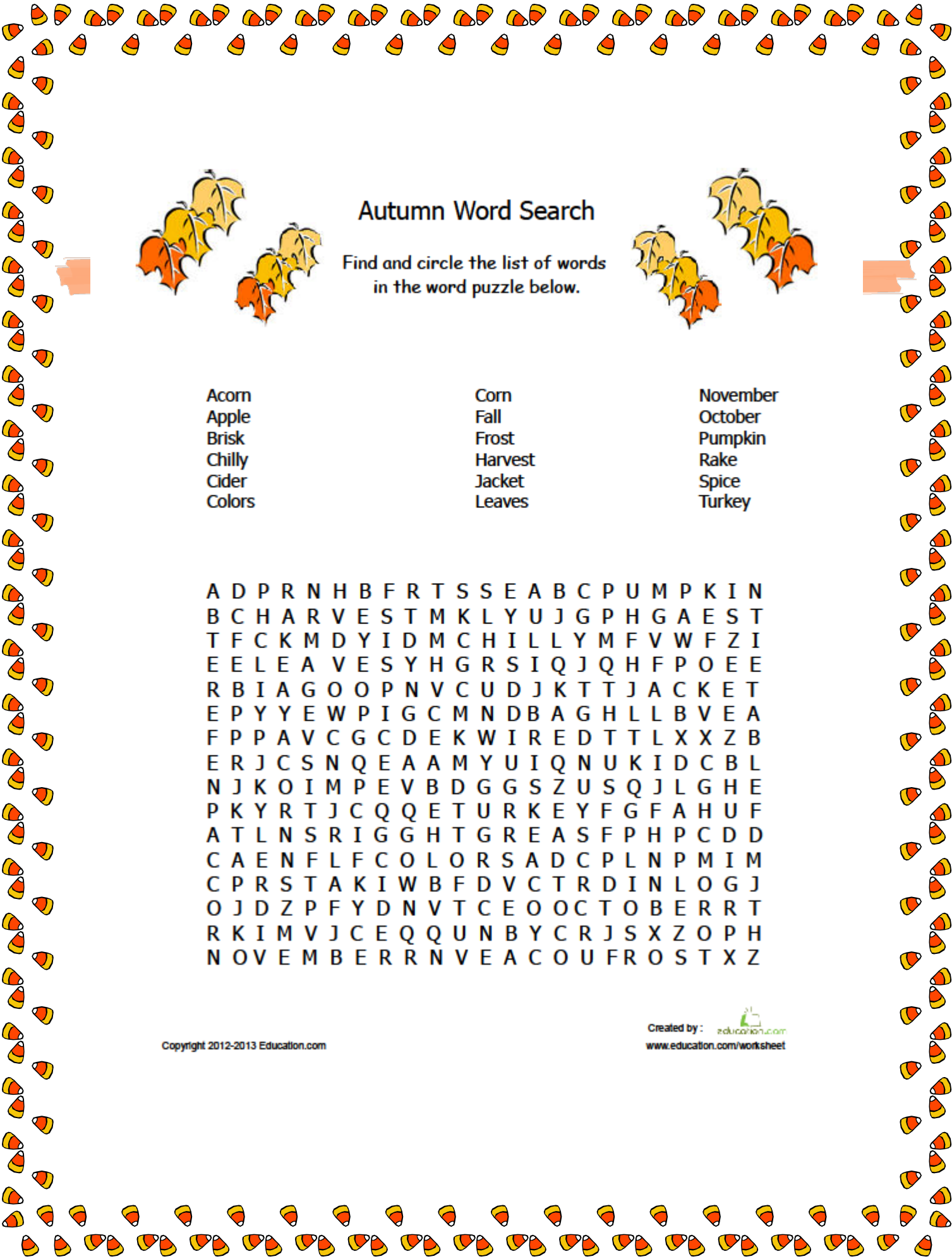
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Menu & Activity Calendar


October 2017

1	2	3 Cheeseburger Fries Veg, Dessert	4 Soup Sandwiches Dessert	5 Pork Chops Mash Potatoes Veg, Dessert	6 Chef Choice	7
8	9 Chef Choice	10 Spaghetti w/ Meatballs Salad Garlic Bread	11 Soup and Salad Dessert	12 <i>Oktoberfest</i> Wine, Beer, Cider, Wings & Things	13 Chef Choice	14
15	16 Chef Choice	17 CRAFTS Chili w/ cheese Roll Dessert	18 Cheese Steaks French Fries Veg, Dessert	19 Oven Fried Chicken Mac N Cheese Veg, Dessert	20 Trip to the Movies & Lunch	21
22	23 Chef Choice	24 Sausage & Peppers, Buttered Noodles Dessert	25 Soup Sandwiches Dessert	26  Everybody's Birthday Party!!! Pizza & Dessert	27 Chef Choice	28
29	30 Chef Choice	31 CRAFTS Harvest Fest Hot Dogs, Beans Chips & Dip				



Autumn Word Search

Find and circle the list of words
in the word puzzle below.



Acorn
Apple
Brisk
Chilly
Cider
Colors

Corn
Fall
Frost
Harvest
Jacket
Leaves

November
October
Pumpkin
Rake
Spice
Turkey

A D P R N H B F R T S S E A B C P U M P K I N
B C H A R V E S T M K L Y U J G P H G A E S T
T F C K M D Y I D M C H I L L Y M F V W F Z I
E E L E A V E S Y H G R S I Q J Q H F P O E E
R B I A G O O P N V C U D J K T T J A C K E T
E P Y Y E W P I G C M N D B A G H L L B V E A
F P P A V C G C D E K W I R E D T T L X X Z B
E R J C S N Q E A A M Y U I Q N U K I D C B L
N J K O I M P E V B D G G S Z U S Q J L G H E
P K Y R T J C Q Q E T U R K E Y F G F A H U F
A T L N S R I G G H T G R E A S F P H P C D D
C A E N F L F C O L O R S A D C P L N P M I M
C P R S T A K I W B F D V C T R D I N L O G J
O J D Z P F Y D N V T C E O O C T O B E R R T
R K I M V J C E Q Q U N B Y C R J S X Z O P H
N O V E M B E R R N V E A C O U F R O S T X Z

A decorative border of candy corns surrounds the entire page. The candy corns are yellow with orange and red tips, arranged in a repeating pattern along all four edges.

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