



Companion Care

from the

Generation Station

a name you know and trust

- *bathing and dressing*
- *companionship/socialization*
 - *cognitive stimulation*
 - *exercise*
 - *grocery shopping*
 - *laundry*
 - *light housekeeping*
 - *medication reminders*
- *meal planning and preparation*
 - *oral and personal hygiene*
- *respite care for family caregivers*
 - *transportation*

We provide immediate help for care givers, family and those who live alone. Let our home companions take some of the stress off of you, while giving your loved one a friendly companion they can trust.