## TGS...All Aboard!

## **Daily Activities**

8:30am-9:15am

Breakfast:

Join us for

**Hot Breakfast** 

**Every Wednesday** 

9:30am to 10:30am

Group Therapy

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Games

OT/LCSW Appts

10:30 am to 12:00 pm

Let's Get Moving
Open Forum

Crafts

12:15pm - 1:15pm

Lunch

1:15 pm -2:45pm

**Social Circles** 





## **JANUARY 2022**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 8
2	CLOSED 3	Salisbury Steak, mashed potatoes, veggies and Dessert	Hot Breakfast 5	Sausage & Peppers on a roll, Chips Dessert	7 CLOSED	8
9	10 CLOSED	Roast Beef, mashed potatoes & gravy, veggies Dessert	Hot Breakfast  Lite Lunch	Chicken, Rice, Veggies, Dessert	CLOSED	15 <sub>¢</sub>
16	n CLOSED	18 Lasagna, Salad, Dessert	Hot Breakfast Lite Lunch	20 Everybody's Birthday	CLOSED	22
23	24 CLOSED	25 Meatball Sub, Chips, Dessert	Hot Breakfast 26  Lite Lunch	27 Ham & Cabbage with potatoes Dessert	28 CLOSED	29 \$
30	WE'RE ALL VACCINATED!	WEAR YOUR MASK AT ALL TIMES!	PRACTICE SOCIAL DISTANCING!	IF YOU DON'T FEEL WELL OR HAVE TROUBLE BREATHING! ALERT US!		, ,