

**FGS...All Aboard!**

# Welcome to JANUARY 2026

**Daily Activities**

**8:30am-9:15am**

**Breakfast:**

**Join us for**

**Hot Breakfast**

**Every Wednesday**

**9:30am to 10:30am**

**Group Therapy**

**&**

**Games**

**OT/LCSW Appts**

**10:30 am to 12:00 pm**

**Let's Get Moving**

**12:15pm - 1:15pm**

**Lunch**

**1:15 pm -3:00pm**

**Social Circles**

**Thirsty Thursday**

**with our**

**Director of Fun**

**Open Forum**

**Crafts**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
						CLOSED
4	5	6	7	8	9	10
	CLOSED	Sausage & Peppers, Chips, Dessert	Hot Breakfast  Lite Lunch	Shells & Meat sauce, Salad Dessert	CLOSED	
11	12	13	14	15	16	17
	CLOSED	Salisbury Steak Mashed Potatoes Veggies, Dessert	Hot Breakfast  Lite Lunch	Everybody's Birthday  Ms. Sylvia, Mr. Lenny	CLOSED	
18	19	20	21	22	23	24
23-27 Activities Professional → Week			Burgers & Fries Applesauce Dessert	Hot Breakfast  Lite Lunch	Ham, Cabbage, Potatoes Dessert	CLOSED
25	26	27	28	29	30	31
	CLOSED	Pork Chops Mashed Potatoes Veggies & Dessert	Hot Breakfast  Lite Lunch	Hot Dogs, Baked Beans Chips & Dessert	CLOSED	