

TGS...All Aboard!



# OCTOBER 2020

Daily Activities

8:30am-9:15am

Breakfast:

9:30am to 10:30am

Bingo/Group Therapy

Games

PT/LCSW Appts

10:30 am to 12:00 pm

Let's Get Moving

Open forum, Crafts

12:15pm - 1:15pm

*Lunch*

Chat & Chew

1:15 pm -2:45pm

Clubs

(Cards, Book, Arts & Crafts, Bible Club)



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

					1 Salisbury steak, mash potatoes, veg, Dessert	2 Chef's Choice	3
4	5	6	7	8	9	10	
	Chef's Choice	Cheese Steak, Fries, Salad & Dessert	Hot Breakfast  Salad or Soup Roll & Butter, Dessert	HARVEST FEST 		Chef's Choice	
11	12	13 Stir-fry over Rice Dessert	14 Hot Breakfast  Salad or Soup Roll, Butter, Dessert	15 Grilled Chicken, Mac & Cheese, green beans, Dessert	16 Chef's Choice  National Mammography Day	17	
18	19	20 Grilled Cheese with Tomato Soup, Dessert	21 Hot Breakfast  Salad or Soup Roll, Butter, Dessert	22  Everybody's Birthday	23 Chef's Choice	24	
25	26	27 Chili, Salad, Roll & Butter Dessert	28 Hot Breakfast  Salad or Soup Roll, Butter, Dessert	29 Open Face Turkey sandwich with Mashed Potato Dessert	30 Chef's Choice	31 	
		WEAR A MASK WHEN YOU GO OUT	PRACTICE SOCIAL DISTANCING	ALERT SOMEONE IF YOU'RE NOT FEELING WELL			
							