

**TGS...All
Aboard!**

Daily Activities

8:30am-9:15am

Breakfast:

Join us

**Every Wednesday
for**

Hot Breakfast

**Thirsty Thursday
Afternoon**

"Wine" Down

9:30am to 10:30am

**Group Therapy
OT/LCSW Appts**

&

Games

10:30 am to 12:00 pm

Let's Get Moving

Current Events

Arts & Crafts

12:15pm - 1:15pm

Lunch

1:15 pm -2:45pm

Social Circles



OCTOBER 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Hot Breakfast  Lite Lunch	2 Pork Chops Mashed Potatoes Veggies Dessert	3 CLOSED	4
5	6 CLOSED	7 Turkey Club, Chips, Dessert	8 Hot Breakfast  Lite Lunch	9 Roast Beef Potatoes & Carrots, Dessert	10 CLOSED	11
12	13 TBD	14 Sloppy Joe Fries Salad & Dessert	15 Hot Breakfast  Lite Lunch	16 Spaghetti with Meat Sauce Salad, Roll Dessert	17 CLOSED	18
19	20 TBD	21 Hot Dogs, Baked Beans, Chips, Dessert	22 Hot Breakfast  Lite Lunch	23 Baked Chicken, Rice & Gravy Veggies Dessert	24 CLOSED	25
26	27 TBD	28 Grilled Cheese Tomato Soup Dessert	29 Hot Breakfast  Lite Lunch	30 Salisbury Steak Mashed Potatoes Gravy, Veggies Dessert	31 CLOSED	